# Happy Half
HALF MARATHON & 5K

## Athlete Guide and Race FAQs

Welcome to the 2019 Happy Marathon, 5k, and beer mile! We welcome runners to beautiful Holiday Valley Resort in Ellicottville on May 11th. Our goal is to provide a fun event where the runner's safety is paramount.

All of the races start and finish at Holiday Valley Resort with an after-party and awards at the Main Lodge. The following guide should cover all of the details of race day, but don't hesitate to contact us at info@evlhalf.com with any questions.

## Schedule

FRIDAY, MAY 10

- 4:30 - 7:00 pm - Packet Pickup - Holiday Valley Resort - Main Lodge

SATURDAY, MAY 11

- 7:00 - 9:30 am - Packet Pickup - Holiday Valley Resort - Main Lodge
- 10:00 am - Happy Half Marathon Start - Main Lodge Parking Lot
- 10:20 am - Happy 5k Start - Main Lodge Parking Lot
- 11:30 am - 1:15 pm - Beer Mile Packet Pickup - Main Lodge
- 11:30 am - Happy 5k Awards - Holiday Valley Resort - Main Lodge
- 1:00 pm (based on final finishers) - Happy Half Marathon Awards - Main Lodge
- 1:45 pm - Beer Mile Start - Main Lodge
- 2:45 pm - Beer Mile Awards

FOOD BANK DONATION - Nazareth Food Pantry at the United Church of Ellicottville. Please help support our community with a donation to the local food bank. We will be accepting donations at packet pickup on behalf of the United Church.
The Nazareth Food Pantry has provided a list of suggested items:

- Canned proteins
- Dish soap
- Please no junk food
- Dried foods
- Paper products
- Canned foods
- Toothpaste

# Event Parking / Packet Pickup / Accommodations

PARKING

Free parking is available in Holiday Valley's Main parking lots. Just follow the signs past the start area up Holiday Valley Road.

PACKET PICKUP

Packet pickup for both the 1/2 marathon, 5k, and beer mile will be available at the following times. All packet pickups will take place at the Main Lodge at Holiday Valley.

- Friday, May 10, 4:30 - 7:00 pm
- Saturday May 11, 7:00 - 9:30 am.
- Beer Mile packet pickup is Saturday 11:30 am - 1:15 pm only. Please bring a photo ID to pickup registration.

ACCOMMODATIONS

Don't forget, Holiday Valley has great room rates for Happy Half & 5k participants. Why not make a weekend out of it? More info can be found on the Happy Half website under the accommodations tab.

# Results and Awards

**Awards Male & Female: Half Marathon**

- Overall Winner
- 19 & Under
- 20-24
- 25-29
- 30-34
- 35-39
- 40-44
- 45-49
- 50-54
- 55-59
- 60-64
- 65-69
- 70 and over

**Awards Male & Female: 5k**

- Overall Winner
- 10 & Under
- 11-14
- 15-19
- 20-24
- 25-29
- 30-34
- 35-39
- 40-44
- 45-49
- 50-54
- 55-59
- 60-64
- 65-69
- 70 and over

Results will be posted on the website during race day at the following link:

www.happyhalfrun.com/race-info/results/

*Awards cannot be mailed. Winners must attend the awards ceremony*

# Water Stations

1/2 Marathon - available at 1.5, 3, 4.25, 5.5, 7, 8, 9.5, and 12 miles. Water stations will also have sports drink at all stops and GU gels at miles 4.5 and 9.5

Restroom facilities will be provided at miles 3, 5.5, 8, and 9.5

5k - Water station available at 1.5 mile

Holiday Valley Mudslide

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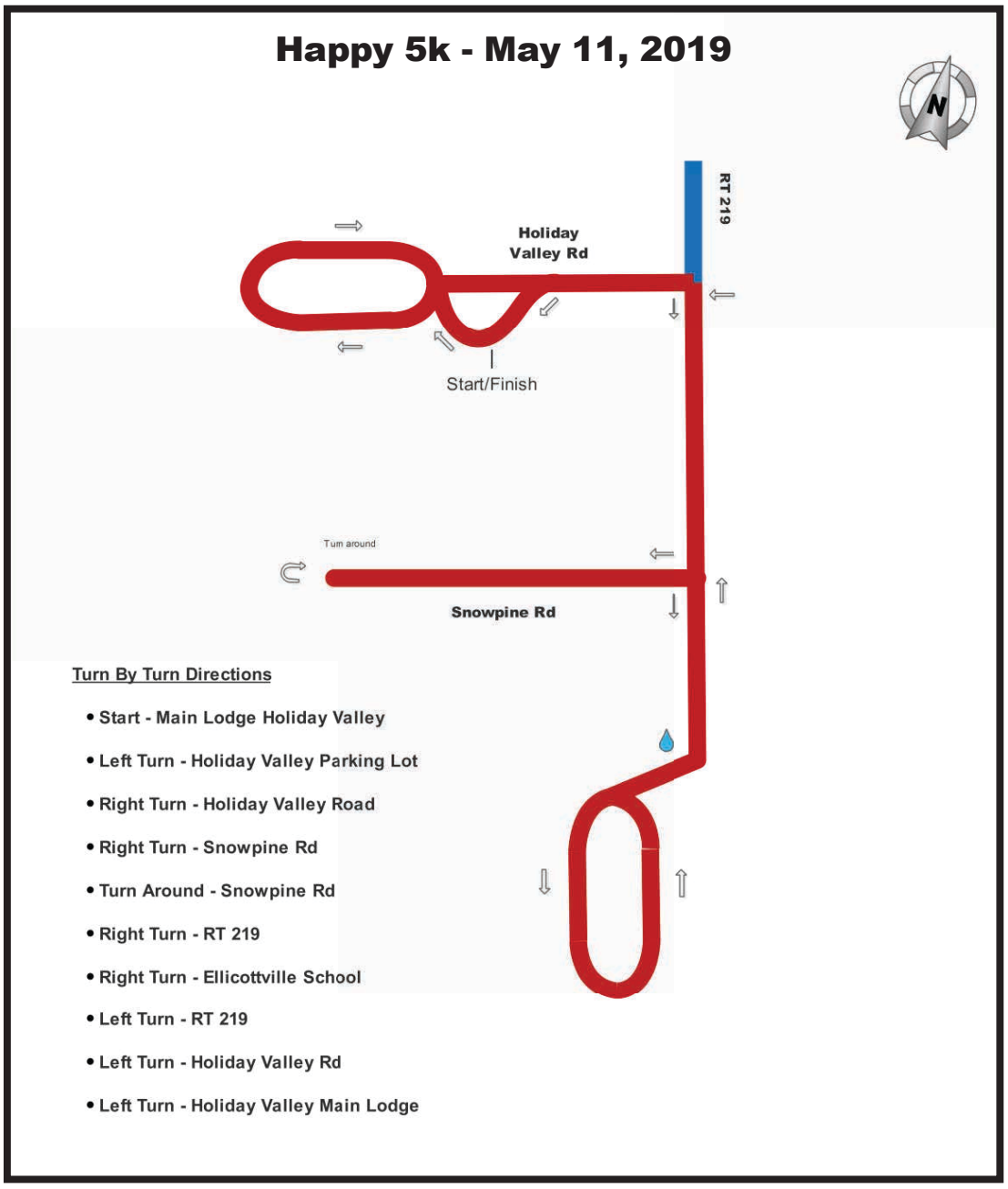
# Courses

The course will be open for 3:30. After 3:30, runners still on the course will be allowed to finish but there will be no traffic control and participant must obey traffic rules.  We will have support on course for all finishers.

Both the 5k and 1/2 marathon courses will use the same start/finish line, with the 1/2 marathon starting at 10:00 am and the 5k at 10:15 am.

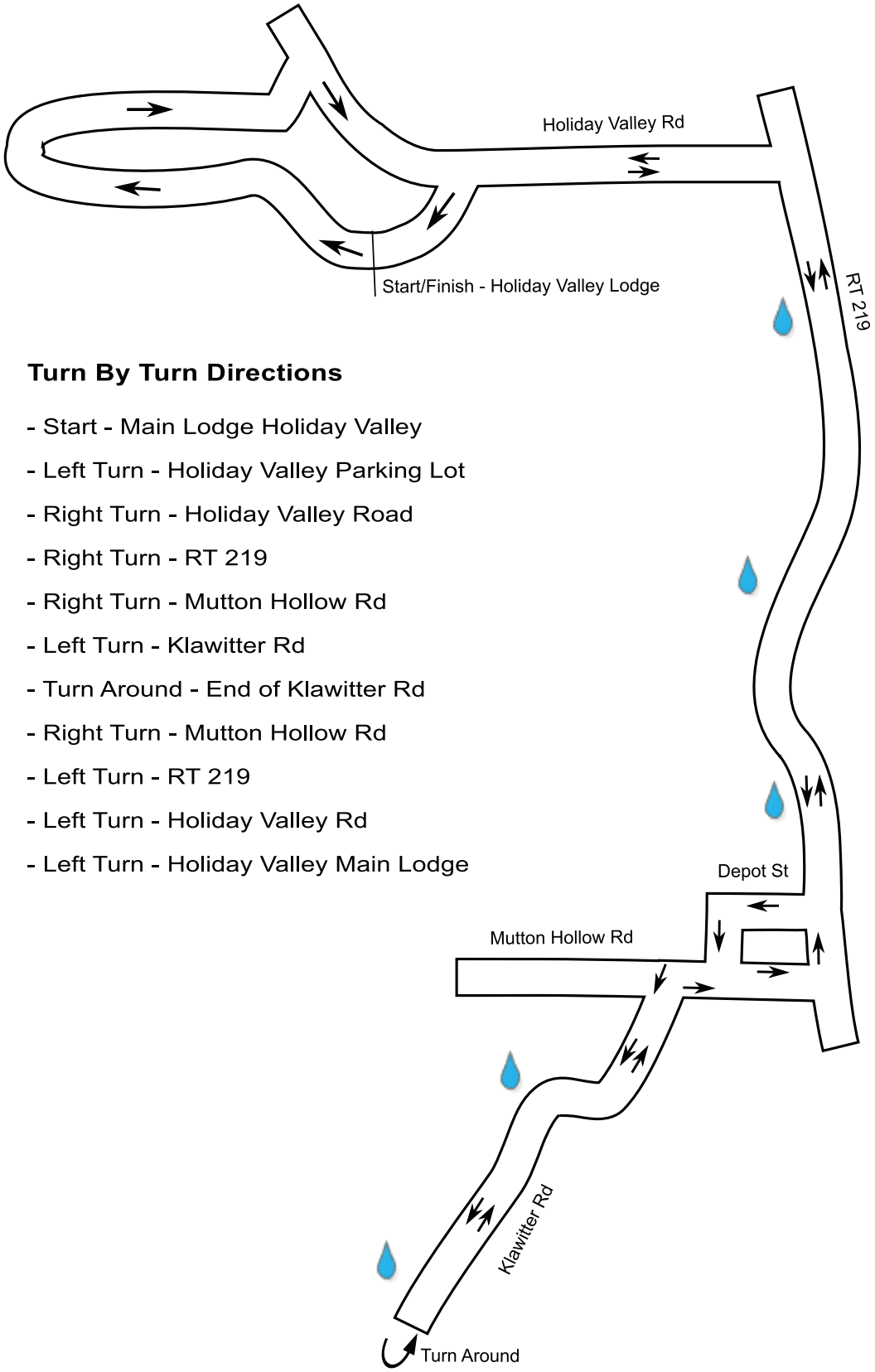
Vehicle traffic is controlled on the running courses, not closed in all sections.

Runners will have a lane defined by traffic cones for both courses. Please stay in the coned lanes at all times.



# Courses

## Happy Half Marathon - May 11, 2019




### Turn By Turn Directions

- Start - Main Lodge Holiday Valley
- Left Turn - Holiday Valley Parking Lot
- Right Turn - Holiday Valley Road
- Right Turn - RT 219
- Right Turn - Mutton Hollow Rd
- Left Turn - Klawitter Rd
- Turn Around - End of Klawitter Rd
- Right Turn - Mutton Hollow Rd
- Left Turn - RT 219
- Left Turn - Holiday Valley Rd
- Left Turn - Holiday Valley Main Lodge

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8 PM – 11 PM

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